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《运动损伤康复治疗学》第2版出版

王予彬和王惠芳教授主编的《运动损伤康复治疗学》第2版出版了。本书第1版在2009年出版,受到广大读者的关爱。目前,我国运动医学、康复医学及治疗学教育和科学普及事业在国家大健康战略的引领下,前景更加广阔。本次再版是在第1版的基础之上,又总结近十年来运动损伤康复治疗学理论与实践的发展动态,历经3年时间,终于完成改版编撰工作,并由科学出版社出版。

新版图书共17章,172万字,较第1版内容更加丰富。在总论部分概述了目前的运动损伤的临床治疗、康复热点及其临床应用价值,全面介绍了运动损伤的诊断、治疗、康复、评估的基本理论和原则,以及最新康复技术,并重点介绍了近年来兴起的音乐治疗、竞技运动康复和外骨骼机器人等知识。各论部分结合大量图像资料,详尽地介绍了运动系统、特殊部位、女性运动损伤的相关知识,舞蹈、音乐演奏等艺术类运动损伤的现代康复原则,具体康复计划及其实施方法。各位资深专家还对目前临床康复有争议的理论、实践问题,提出客观评价。本书针对当前国内运动损伤临床误诊、误治、并发症等问题,提出解决方案,强调康复临床重视、加强基本理论和基本技能的训练是提高治疗效果的根本途径,同时以病例分析形式,提出掌握治疗原则的重要意义。

本书系统全面,内容丰富,图文并茂,实用性强,适合从事康复医学、运动医学、骨科临床、体育科学、健身指导等相关专业人员阅读参考。